



CONNECTING HOPE AND HEALING



FAMILY SUNSHINE
CENTER

2019/2020 Annual Report

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MESSAGE FROM THE PRESIDENT



2020 has provided many obstacles to all, including nonprofit organizations, but there were also opportunities hidden in the challenges of 2020. Organizations like Family Sunshine Center choose to persevere through these times, because the needs of victims and survivors are bigger than this period of time. There are those who have suffered abuse behind closed doors for years and then others who have only begun to know the true impact of violence on their lives and perhaps the lives of their children. Abuse can be physical, emotional, financial or sexual; each survivor is different. Their stories are impacted by many factors, and we adapt our approach to help them overcome the trauma and abuse. It's all about fostering hope and healing!

Our services were impacted by the pandemic, some positive and some negative. It's heartbreaking to see children and adults who are hurting from abuse and trauma, but we are glad FSC exists to help provide a way forward! Our CARES Program has expanded once again to include all Autauga county schools in addition to providing trauma focused cognitive behavioral therapy to children and adolescents in Butler county through a partnership with the Department of Human Resources. Residential Programs sustained services for domestic violence and sexual assault survivors and established new services for survivors of human trafficking while maintaining a safe and healthy environment for clients and staff alike. Our counseling and case management programs look a little different with the introduction of telehealth. Team members did an amazing job this year to provide options, thereby allowing clients to select the most comfortable method of engagement for them.

I hope you enjoy reading about the growth and new programs for victims to find the hope and healing they need to recover. This work is very important. On behalf of the board of directors, thank you for your support and dedication to our mission to END DOMESTIC VIOLENCE, SEXUAL ASSAULT, AND HUMAN TRAFFICKING.

Sincerely,

A handwritten signature in blue ink that reads "Joyce Vaughn".

Joyce Vaughn

2019-2020 President of the Board of Directors

FSC's Mission

To end family violence, sexual assault, and human trafficking

To foster hope and healing

To offer immediate response and a safe haven in crisis

To provide advocacy, counseling, and support for victims

To empower them to lead safe, violence-free lives

To promote community awareness through education & training

Management Team

Tay Knight
Executive Director

Catherine Watts
Deputy Director

Julie Young
Financial Director

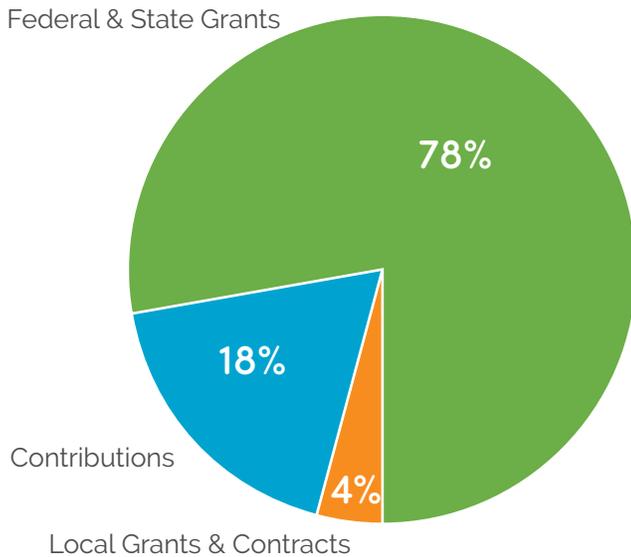
Stephen Holdren
Director of Residential Programs

Brittany Lunsford
Business and Human Resources Director

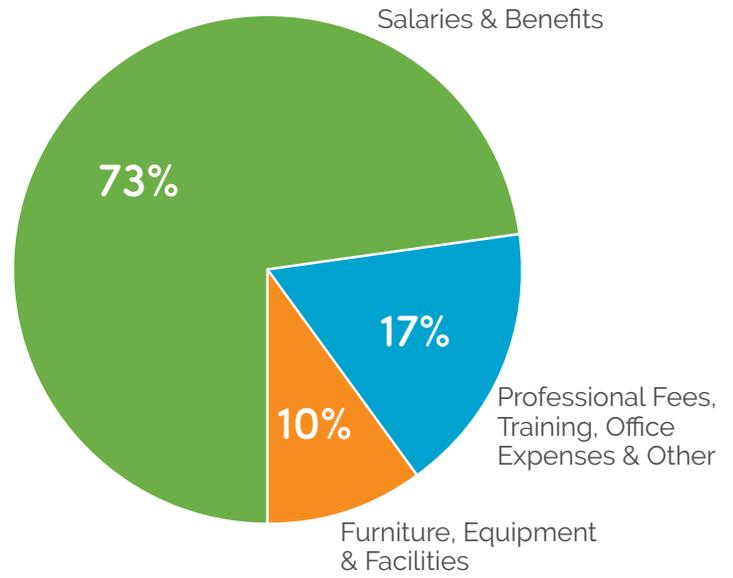
FINANCIALS

Fiscal year ended September 30, 2020 – unaudited

Revenue by type



Expenditures by type



ASSETS

Cash & investments	\$927,569
Grants & accounts receivable	958,240
Property & equipment (net)	<u>2,133,675</u>
Total Assets	<u><u>\$4,019,484</u></u>

LIABILITIES

Accounts payable, accrued expenses, and other liabilities	<u>\$272,272</u>
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NET ASSETS

Without donor restrictions	\$3,295,303
With donor restrictions	<u>451,909</u>
	<u>3,747,212</u>
Total Liabilities & Net Assets	<u><u>\$4,019,484</u></u>

Foundation Board News

The Foundation provided funding for the purchase and renovation of the shelter for human trafficking victims totaling \$275,500. At the end of the fiscal year, the assets of the Foundation totaled \$1,970,232 and are divided 51% equity and 49% fixed income, real assets, and cash. The asset mix performed well with capital gains and dividends reinvested at the same mix by the board and investment advisor Wells Fargo Bank. Together, we routinely review the investment strategy.

Connecting Clients and Services

Family Sunshine Center's 2020 Client Services by the Numbers



CRISIS RESPONSE AND INTERVENTION

Immediate, emergency-oriented services are provided, including a 24-hour resource and information hotline, assessment for services, referrals for needed services, and access to emergency shelter for those who fear for their safety.

1,282 Calls to our 24-Hour Resource Hotline

431 Hours of personalized, non-judgmental support



COUNSELING, ADVOCACY, AND SUPPORTIVE SERVICES

FSC provides ongoing support services for adults, children, and adolescents. These services include individual, family, and/or group counseling, and emotional support services for primary and secondary victims. We offer evidence-based, trauma-focused therapy for victims and their families and provide training in efforts to foster a trauma-informed community. Other supportive services include case management, violence assessment, safety planning, community resources, legal, and court advocacy.

7,640

Hours of Adult Counseling and Advocacy Services



354
Clients

1,049
Participants
Online Advocacy
Education



1,146

Hours of Legal Services

Legal services include subpoena response, protection from abuse, custody, child support, divorce, eviction, debt collection, public benefits, and health care matters.



197 Clients
in **104** Cases

2,507

Hours of Child and Adolescent Counseling and Advocacy Services



295
Clients

293
Participants
Trauma Training



All of our services are designed to empower victims in reclaiming their rights, and to provide tools individuals and families need on the road to safety and recovery.



RESIDENTIAL SERVICES

Everyone deserves to have a safe place to sleep, eat, and live. Our residential facilities are specifically designed for those seeking refuge and comprehensive services are offered to help them overcome the impacts of violence.

275

Clients sought safety in our **Emergency Shelter**, a 24-bed, 24 hour a day shelter with trained staff available around the clock. When families enter this facility, the initial focus is on their physical needs for safety, serenity, clothing, emotional support, and food. Shelter staff then work with families to find stable, secure, long term housing.

111

Clients moved to FSC owned **Transitional Housing**. Designed to provide ongoing safety and security for clients, these facilities provide ongoing access to needed support services including case management, advocacy, transportation, access to community resources, and help in building life skills.

17,493

Nights of stay were recorded in all of our residential facilities.



CLOTHING & PERSONAL CARE ITEMS

FSC helps to meet victims/survivors' immediate physical needs by supplying clothing, hygiene, and other personal care items to clients who escaped violence with little more than the clothes on their back.



TRANSPORTATION

Transportation assistance is provided to help to victim/survivors mitigate issues stemming from their victimization, including providing increased access to mainstream resources, traveling to necessary appointments, and commuting to and from work. **527 transportation** trips were recorded this year.



FOOD ASSISTANCE

FSC provided **50,000 meals** and/or financial support for those struggling with food insecurity.



MEDICAL SERVICES

Through a partnership with Baptist Health, the Montgomery Family Medicine Residency Program provides in-shelter medical care designed to meet the primary health care needs of victim/survivors and their families.



CHILDREN'S SERVICES

FSC provides therapeutic childcare, educational services for victims and/or their children, parenting classes, and child-focused advocacy to help families heal from the trauma inflicted as a result of their victimization.



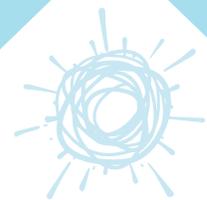
LIFE SKILLS & FINANCIAL EMPOWERMENT EDUCATION

FSC staff work to foster in clients a sense of confidence and self-sufficiency by helping them access needed educational opportunities; increasing their financial knowledge; improving their professional skill set; preparing resumes; and conducting mock interviews.



HOUSING ASSISTANCE & RAPID REHOUSING

FSC assists clients in locating and obtaining safe, secure permanent housing. Rental assistance, furnishings, and access to community resources are all examples of the support provided to residential clients preparing to transition back into the community. **66 adults and children** obtained housing in the community through our Rapid Rehousing program.



6,871

Hours of Case Management & Advocacy

Once a residential client's immediate needs are met, they are assessed for appropriate ongoing service needs. Case managers meet with adult victims to develop a case plan for the related assistance they may need.

Connecting Our Community to Services

Outreach | Awareness
Education | Prevention

A major component of FSC's mission is "to promote community awareness through education and training".

This year, a grant from the Alabama Department of Economic and Community Affairs (ADECA) and the U.S. Department of Justice provided funds to help FSC educate our communities about the issues we address and services available for victim/survivors. Expanding upon FSC's tag line "Hope and Healing", the staff created the message "Hope



and Healing Start Here" and paired it with information about FSC's services, resource line, and website, the reassurance that domestic violence and sexual assault can happen to anyone regardless of age, gender, race, or financial status. Human Trafficking materials included information aimed at educating the public and victims about this relatively unknown issue. The campaign received millions of impressions through billboards, printed posters, TV and radio commercials, targeted social media posts, and digital advertisements. The tools created in this campaign will be used to continue to expand FSC's reach within the community.

"While Covid-19 has been terrible in so many ways, it has pushed us to be creative in how we reach the community and has forever changed the way we work and serve our community."

**– Wendy Fuller,
Prevention and
Outreach Coordinator**

Education and Prevention are key to promoting violence-free lives, families, and communities.

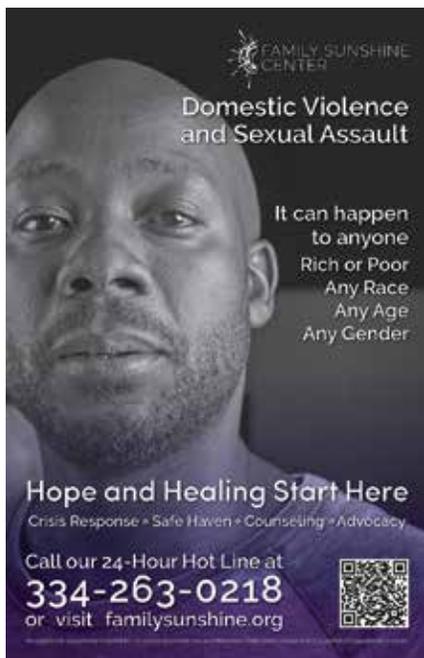
Our small but mighty team covers as many school classrooms and community venues as possible with the goal of helping people identify and avoid instances of interpersonal violence, and to promote community-

based prevention. Community-based prevention focuses on how violent acts can be prevented from occurring. Before the pandemic, our focus was on schools and delivering evidence-based curriculum with the hopes of reducing future rates of victimization. Beginning in March, our approach looked much different.

Utilizing Facebook Live and Zoom meetings, training videos were created enabling our small prevention and outreach team to expand our



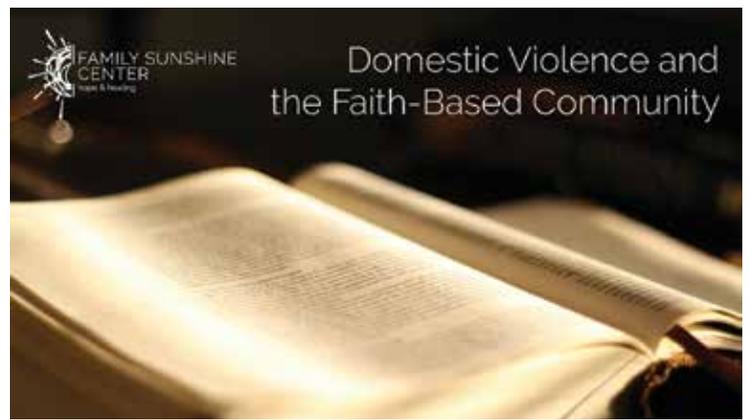
This project was funded by a grant awarded to FSC by the Alabama Department of Economic and Community Affairs (ADECA) and the U.S. Department of Justice.



reach within the 10 counties we serve and beyond. The initial trainings were presented live enabling the audience to interact with the presenter(s) in a real time environment. Recordings of these trainings remain available through FSC's social media and website to watch on demand.

The Outreach and Prevention team tackled tough

subjects in an educational and trauma-informed manner. They presented a wide variety of topics including a 4-part series for parents on teen dating violence called "How to Talk to Your Teen about Dating". Other topics included consent on campus, career and educational opportunities, financial literacy, and suicide prevention. In addition, the team developed several longer-length videos featuring experts, survivor stories, and testimonials on domestic violence in the faith-based community, the impact of domestic violence on children, and the story of hope.



Please visit our Facebook, YouTube, or website for links to these videos and feel free to share them with your family, friends, church leadership, colleagues, and others.

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New Residential Program

When you hear "human trafficking", what comes to mind? Smuggling people across a border, a third-world country problem, or perhaps a dramatic movie trailer. The sad and frightening truth is that human trafficking happens every day, right here in Alabama and the River Region. This year, FSC joined others across the state in serving survivors. The new residential program is structured to address substance use and mental health issues, while ensuring the functionality of the shelter meets the unique needs of survivors.

"In recent years, Alabama has made significant advances in the battle to arrest human traffickers... Without a doubt, the establishment of the Family Sunshine Center's human trafficking shelter is another victory in that battle. Law enforcement now have a tremendous new resource in the FSC's human trafficking shelter as we pursue new strategies in halting this growing crime while protecting those who innocently fall prey to human trafficking in our state." — Attorney General Steve Marshall



