



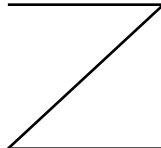
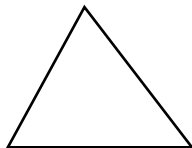
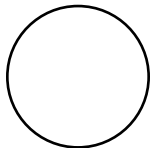
Name \_\_\_\_\_ Date \_\_\_\_\_

VOLUNTEER SELF-EVALUATION

Rate yourself in the following areas:  
(1=low, 2=fair, 3=average, 4=good, 5=excellent)

I am self-aware	1	2	3	4	5
I am sensitive to others	1	2	3	4	5
I am non-judgmental	1	2	3	4	5
I understand my own values	1	2	3	4	5
I feel empathy for others	1	2	3	4	5
I can respond to others' feelings	1	2	3	4	5
I handle crises well	1	2	3	4	5
I am good at solving problems	1	2	3	4	5
I am reliable	1	2	3	4	5
I understand the importance of record-keeping	1	2	3	4	5
I can find resources effectively	1	2	3	4	5
I am a good listener	1	2	3	4	5
I like to be with people	1	2	3	4	5
I use time efficiently	1	2	3	4	5
I am an effective leader	1	2	3	4	5
I am an effective helper	1	2	3	4	5
I speak well in front of groups	1	2	3	4	5
I like to work with children	1	2	3	4	5

WHICH OF THESE FIGURES BETTER DESCRIBES YOUR PERSONALITY?



Please print and complete this form, sign & date, and return it to:  
 Volunteer Coordinator  
 Family Sunshine Center  
 P.O. Box 5160, Montgomery, AL 36103  
 or FAX to 334.206.2111